

THE S.T.A.B.L.E. Program

51st Annual Iowa Conference on Perinatal Medicine, West Des Moines, Iowa

Date: March 31, 2026; 8am – 4:30pm. Registration begins at 7:30am

Program Goals

The S.T.A.B.L.E. Program is designed to provide important information about neonatal stabilization for maternal/infant healthcare providers in all settings-from community hospitals and birth centers, to emergency rooms and more complex hospital environments. A uniform, standardized process of care and comprehensive team approach can improve the infant's overall stability, safety and outcome.

Learners must complete the Foundations course online *prior* to attending the full in-person course. The cost is \$54 and can be purchased here [S.T.A.B.L.E. Foundations](#)

Goal 1: Improve patient safety for infants by: standardizing processes and approach to care; encouraging teamwork; identifying areas where medical errors can and do occur; and reducing and eliminating preventable adverse events and errors.

Goal 2: Organize this information using a mnemonic to assist with retention and recall of stabilization activities that are critical for the post-resuscitation/pre-transport care of sick infants.

Schedule:

8:00 am	<u>Sugar and Safe Care Module (90 min)</u>
9:30 am	<u>Administer and Review – Sugar Module Quiz (15 min)</u>
9:45 am	<u>Break (15 min)</u>
10:00 am	<u>Temperature Module (45 min)</u>
10:45 am	<u>Administer and Review – Temperature Module Quiz (15 min)</u>
11:00 am	<u>Airway Module (60 min)</u>
12:00 pm	<u>Lunch (45 min)</u>
12:45 pm	<u>Airway Module (60 min)</u>
1:45 pm	<u>Administer and Review – Airway Module Quiz (15 min)</u>
2:00 pm	<u>Blood Pressure Module (60 min)</u>
3:00 pm	<u>Administer and Review – Blood Pressure Module Quiz (15 min)</u>
3:15 pm	<u>Break (15 min)</u>
3:30 pm	<u>Lab Work Module (30 min)</u>
4:00 pm	<u>Administer and Review – Lab Work Module Quiz (15 min)</u>
4:15 pm	<u>Emotional Support Module & Complete Evaluations (15 min)</u>
4:30 pm	<u>Adjourn</u>

Instructors:

Penny Smith, BSN, RNC-NIC, Neonatal Nurse Specialist, Iowa's Statewide Perinatal Care Program
Rebecca Davila, DNP, NNP-BC, Neonatal Nurse Practitioner, UI Stead Family Children's Hospital

REGISTER: <https://uiowa.cloud-cme.com/course/courseoverview?P=0&EID=82087>

- Registration fee \$60
- Foundations course completed *prior* to participating in person \$54 [S.T.A.B.L.E. Foundations](#)



In support of improving patient care, this activity has been planned and implemented by the University of Iowa Roy J. and Lucille A. Carver College of Medicine and the Iowa Statewide Perinatal Care Program. The University of Iowa Roy J. and Lucille A. Carver College of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Nurse: The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this activity for a maximum of 7.25 ANCC contact hours.